

beginning
November 18, 2024

Join groovy Trillium Staff on a conference call group!

	Monday	Tuesday	Wednesday	Thursday	Friday
2:45 pm	Celebrate Success Sharon	Women's Support Group Sharon	Mental Health Recovery Talk Sophie	Self Care Sophie	Music Group Sharon
4:45 pm	Social Call Mike	Mindfulness Sharon	Recipe Chit Chat Mike	Gratitude Mike	Talking About Music Mike

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