

# Ready to Work?



This 6-week Training Course is specifically for people with mental health issues. It offers job-readiness soft skills and on-the-job training. Each week consists of 2 hours of course material covered at Trillium Center and two -2 hour shifts on-the-job training with ACTS Thrift Store. This is a paid training for participants accepted into the program.

Trillium Center's Job Training Program course material will be on the following Mondays:  
September 23 & 30  
October 7  
1 week break, resuming:  
October 21 & 28  
November 4

This training will focus on the following areas:

- ◇ Workforce Preparation
- ◇ Communication
- ◇ Interpersonal Skills
- ◇ Life Management
- ◇ Decision Making
- ◇ Customer Service
- ◇ On-the-job Learning

Trillium Staff will also assist in job search support, filling out applications, creating resumes and more.

To apply for Trillium's Job Training Program:

Ask for an application from any Trillium Staff in person  
Call Sharon or Michelle at 703-763-3865  
Email: [JobSkills@TrilliumCenterInc.org](mailto:JobSkills@TrilliumCenterInc.org)



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Woodbridge, VA 22193  
Call Sharon or Michelle at 703-763-3865  
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[www.TrilliumCenterInc.org](http://www.TrilliumCenterInc.org)