

About Us

We are a non profit organization whose mission is to provide a stress-free, stigma-free atmosphere for people 18 and over who have experienced mental health issues.

We offer a place that provides acceptance, validation, empathy and empowerment for mental health consumers.

We offer a place that is relaxed and friendly where consumers gather to be at ease, meet basic needs and help one another move towards recovery.

Our visitors are encouraged to use our computers, art room, tv room, kitchenette, recreation room and conference room.

Our recreation program activities are planned by our visitors.

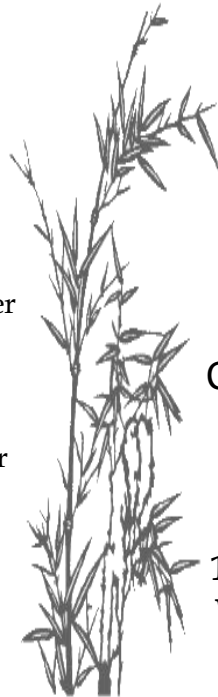
We offer peer-led support groups and other socialization, recreational and educational activities.

Food is provided each day at no cost to our visitors. Donations are always welcome.

Updated 7/2011

Peer-Provided Services

- A continuum of services to individuals addressing current needs and strengths
- Promote personal worth and well-being
- Empower consumers
- Provide a quiet respite from daily struggles
- Referrals to social services agencies
- Advocate for positive change in the mental health system and attitudes toward consumers



Hours of Operation:
10:00 am to
10:00 pm
Monday thru Saturday

Check us out on the web!

www.trilliumdropincenter.org

Contact us:
13184 Centerpointe Way
Woodbridge, VA 22192
703.763.3865

Membership Form

Everyone is welcome to join. No financial contribution is necessary. All contributions are welcome.

Name _____

Address _____

City State Zip _____

Phone _____

Email _____

Please tell us how you heard about Trillium: _____

Enclosed please find the following financial contribution _____

Please complete and return to:

Trillium Drop-In Center, Inc.
13184 Centerpointe Way
Woodbridge, VA 22192

One word or a pleasing smile is often enough to raise up a saddened and wounded soul.

You need to be aware of what others
are doing, applaud their efforts,
acknowledge their successes, and
encourage them in their pursuits.

When we all help one another,
everybody wins.

~ Jim Stovall

Our Wish List

- office paper
- art supplies
- food contributions
- literature rack
- financial contributions
- music & self-help cd's



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703.763.3865 or
contact@trilliumdropincenter.org

**Trillium
Drop-In
Center**

Unless someone like you
cares a whole awful lot,
nothing is going to get
better. It's not.

- Dr Seuss *The Lorax*

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